ACKNOWLEDGEMENTS: We thank the originators of this walk route and earlier POCs for providing a blueprint for exploring these Boston special places. Brochure photos courtesy of Carol Giesecke, with the Esplanade Bridge picture on cover by Bev Lange. Thanks to all the volunteers and participants for contributing to this event's success.

SANCTION & IVV CREDIT: This event has been sanctioned by the American Volkssport Association (AVA) and the International Federation of Popular Sports (IVV) and is conducted under the rules of those governing organizations. Fee paying participants will be eligible to earn IVV credit for event and distance. Event and Distance Books will be available for \$6.00 each at the Start/Finish. Participants who have previously purchased books are reminded to bring them.

DISCLAIMER: The sponsors of this event cannot be held responsible for any lost or stolen items, accidents or injury at any time. Every reasonable effort will be made to make this event safe and enjoyable. By virtue of registering for this event, the participant agrees to the conditions set forth herein.

FACILITIES: Restrooms are located at the Start/Finish.

REFRESHMENTS: Please bring your own water. You may purchase water/refreshments along the route, but please do not litter.

CONDITIONS: This event will be held regardless of weather conditions. There are no refunds for any reason.



ADDITIONAL INFORMATION:

Carol Giesecke 302-399-6334 carolclay101@gmail.com

DIRECTIONS:

From the West:

- 1. ** Take the MA Turnpike (I-90, toll road) to the Prudential Center at exit 133.
- 2. At top of ramp, continue **STRAIGHT** to first traffic light.
- 3. First **RIGHT** onto Belvidere Street.
- 4. First **RIGHT** onto Dalton Street to end.
- 5. **RIGHT** onto Boylston Street. #800 Boylston is on your right between Gloucester and Fairfield Streets.

From the North:

1. Take I-95 South (Rt 128) to the Mass Turnpike. Follow from ** above.

From the South:

1. Take I-95 North (Rt 128) to the Mass Turnpike. Follow from ** above.

PARKING: Street parking in downtown Boston is **FREE** on Sundays. Best nearby options are generally on Boylston or side streets and then walk to Pru entrance at #800.

MBTA Transit: Green Line (E) to Prudential, Commuter Rail or Orange Line to Back Bay Station.

WALK TO START: from 800 Boylston Street entrance, proceed up and **STRAIGHT** to Center Court, then **RIGHT** passing Pru Tower and South Garden. **LEFT** to keep South Garden on your left. Start area near the US Post Office in the Prudential Center's Belvidere Arcade.

More information on walk events and Walk 'n Mass Volkssport Club at:

www.walknmass.org

Boston

Massachusetts

Special Places Walk

5km & 10km Routes



sponsored by Walk 'n Mass Volkssport Club www.walknmass.org

AVA Special Programs: Walking With America's Veterans

Credit Only Event



Sunday, Sept. 21, 2025

Start: 8:00 a.m. to 10:00 a.m.



Event Number: NE 25/129594



WELCOME! The Walk 'n Mass Volkssport Club invites you to walk either the 5km (3.1 miles) or 10km (6.2 miles) routes in Boston, MA.

Anyone may participate regardless of age or physical fitness. A non-competitive event, this walk is accomplished

at your own pace along a map-guided 5km (3.1 miles) or 10km (6.2 miles) route. Children under the age of 12 must be accompanied by an adult. No pets allowed inside the start/finish building; service animals only.

START/FINISH:

Prudential Center, 800 Boylston Street, Boston, MA 02199; lobby across from US Post Office inside Pru

REGISTRATION/START TIMES:

Sunday, September 21, 2025 Register & begin walking between 8:00-10:00

Please note this is a **map-guided walk** with the opportunity to go on your own or join a group-led walk.

10km & 5km group-led walks at 8:45 a.m.; participants decide the distance for a group-led walk at 10:00 a.m.

If you do not wish to walk with a group, you may register and proceed with a map at any time during the registration/start window.

PARTICIPATION FEES: Participation fee is \$4.00 per person. Ask us about the IVV achievement program!

REGISTRATION PROCEDURE: Each participant must register and sign an insurance waiver at the start. This procedure is necessary to keep track of participants.

AWARD: No award though IVV Credit is offered.

For those new to volksmarching, the IVV achievement program is an international system for tracking your walk (and other IVV sports) events as well as distances, and there are established milestones to recognize your achievements.

TRAIL DESCRIPTIONS: Boston, known as "America's Walking City," is steeped in history and tradition. The trails follow downtown city streets and walkways, exploring a plethora of historic sites, monuments, and landmarks.

The Special Places walk routes visit some of Boston's hidden gems (places not part of our YRE Back Bay or Freedom Trail routes) in this visually rich and walkable city.

The 10km & 5km routes explore such highlights as the Esplanade along the Charles River, including the Hatch Memorial Shell famous for its summer concerts; Bay Village consisting of small brick 19th century homes which were bought and restored when houses on Beacon Hill became more expensive; the Armory, a four-story granite structure with a six-story tower designed by William G. Peterson; and the New Old South Church built in 1875.

Some of the additional sights to be seen on the 10km route include the Church of the Advent built in 1879; the elegant Harrison Gray Otis House; Custom House Tower; Liberty Square with its statue honoring the 1956 Hungarian Revolution; the site where Alexander Graham Bell invented the telephone; and Chinatown.

The AVA rating for both routes is 1A and would be doable for strollers, but not wheelchairs. There is one set of stairs along with occasionally uneven sidewalks or missing curb cuts.



Chinatown Gate









A few of the Boston Bricks found along Winthrop Street

MORE TO SEE: The Walk 'n Mass Volkssport Club also sponsors year-round events covering Boston's historic Freedom Trail (11km & 6km walk routes) as well as Back Bay (10km & 5km walk routes). Registration is available through AVA's Online Start Box (OSB, see my.ava.org). More information at www.walknmass.org

Freedom Trail YRE:

https://my.ava.org/event-view.php?sn=128810

Back Bay YRE:

https://my.ava.org/event-view.php?sn=128633